

Were you invited to help us shape the future of mobility?

# Let's get started!

Did you receive an invitation from ETH's Institute for Transport Planning and Systems to be part of the **TimeUse+** Study? Follow these three simple steps and start tracking today!



## 1. Install the app

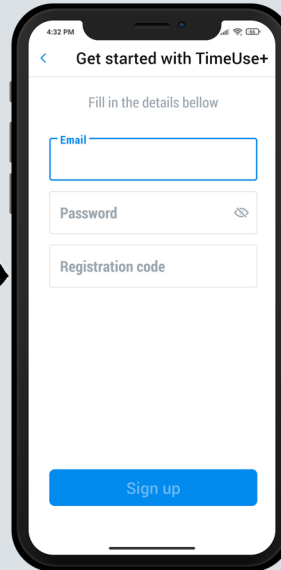


Go to the App Store, search for "**TimeUse+**" and **install** the app

Have your invitation letter at hand. You will need your **registration code** to proceed



## 2. Registration



Once installed, **open** the app and fill in:

- E-Mail**  
example@swissmail.com
- Password**  
Minimum 6 characters you choose
- Registration code**  
Find it in your invitation letter

**Problems?**  
**contact us**  
timeuse@ethz.ch

## 3. Log in and first settings

After registering you can normally log in providing only your email and password. **For the first time you log in, it is very important to choose the correct settings:**

### Location



Allow the app to use your location ALWAYS

### Notifications

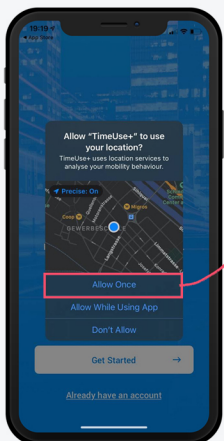


We will remind you to validate your data

### Physical activity



These settings are sometimes set by the app itself. Please go to your phone's settings and check if access has been granted. If not, please grant access to the Motion & Fitness feature: **Settings > Privacy > Motion & Fitness > turn on**



Choose **Allow Once**

Keep the GPS function on and avoid using the flight mode

