

Validate your day!

1. Click on the calendar and select a day marked in red

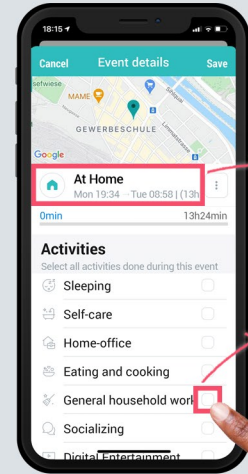
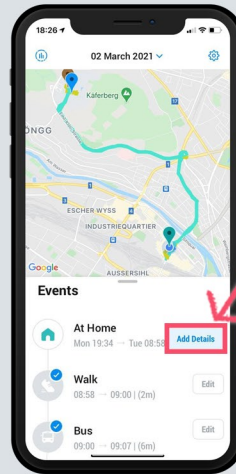


Once you've selected a given day, you will see a timeline of all of the events you performed. To **validate** means to confirm and add details to these events.

Calendar symbology

- 7° To validate
- 8° Successfully validated
- 9 Current day
- 10 Upcoming days

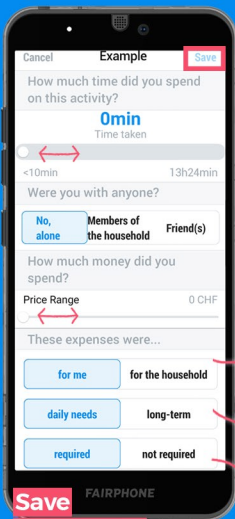
2. Select an event and add details



Choose the correct location or mode

Select all the activities you have performed

3. Enter the details for each activity



Duration



Who you were with



Expenses



Categorize expenses:

Shared or individual consumption?

"for the household" includes goods purchased for the family or shared flat.

Recurrent or sporadic purchases?

"daily needs" are recurrent spendings to cover daily necessities (food, transport, shoes, clothes). Sporadic "long-term" include technical devices, sports gear, holidays, etc.

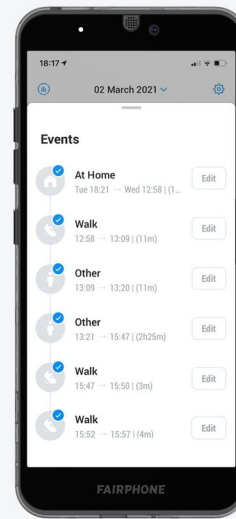
Committed or unessential?

"required" refers to committed goods that must be spent to cover physical needs like groceries. "Not required" are leisure-related.

Find examples in the Manual

Save upper right corner

4. Repeat



Click on each of the shown events and select **Add Details** or **Edit**

Short events do not need to be validated (1 to 5 minutes) ✓

The blue checkmark shows that the event has been successfully validated

More information?
Check our manual section 4

Good to know

Validating is the essence of the study. The additional information you provide by validating each event is what helps us improve our transport models most. We recommend that you **validate every day** to make your diary as accurate as possible. We tend to forget the details of our day as time goes on.

Want to know more? Visit timeuse.ethz.ch



Source of the icons used: I Putu Kharismayadi for thenounproject (2021). Contact us via e-mail: timeuse@ethz.ch